



TRACK AND FIELD / ROAD RUNNING / CROSS COUNTRY

•145 PACIFIC AVE. WINNIPEG, MB. R3B 2Z6 •TEL: 204-925-5745 •FAX: 204-925-5792 •CHRIS.BELOF@SHAW.CA •www.AthleticsManitoba.com

2015 Athletics Manitoba Age Class Championship/WCSG Trials

Date: Friday, June 26 & Saturday, June 27, 2015
Sanction: Athletics Manitoba
Venue: University of Manitoba Outdoor Track
Timing: Omega Photo Timing System

Entries:

- All participants must be members of Athletics Manitoba to participate and be recognized for medals; those who are members of another provincial association must indicate their membership number and will receive ribbons if they place in the top three
- Entries must be done online using Trackiereg.ca or by using Hy-Tek
- The link to the online registration and the Hy-Tek Meet Event File are posted on the Athletics Manitoba website Event Page
- Athletes wishing to be considered for the WCSG Team, must indicate at registration their interest
- A WCSG only final will be run in the 100m and 200m if entry numbers warrant
- All track events **must indicate a seed time to ensure fair seeded sections**
- Entries must be submitted no later than July 1 (midnight) to avoid late charges
- Entry fees: \$10.00 for first individual event and \$7.00 for each subsequent individual event
\$10.00 for relays
\$25.00 for Multiple Events (Pentathlon, Decathlon or Heptathlon)

** Multiple event will only be held if there are three or more athletes competing in age appropriate category**
Late fees will be assessed as of June 23rd, 2015 with \$5 surcharge to fees indicated above.

| | | |
|------------------------------|----------|-----------------------|
| AGE CLASSES FOR 2014: | PEE WEE: | BORN IN 2004 & LATER |
| | BANTAM: | BORN IN 2002 & 2003 |
| | MIDGET: | BORN IN 2000 & 2001 |
| | YOUTH: | BORN IN 1998 & 1999 |
| | JUNIOR: | BORN IN 1996 & 1995 |
| | SENIOR: | BORN IN 1994 & OLDER |
| | MASTERS: | BORN 1979 AND EARLIER |

| Hurdles: | <u>Hurdle Height</u> | <u>To 1st Hurdle</u> | <u>Between Hurdles</u> |
|---------------|----------------------|---------------------------------|------------------------|
| Bantam Women | 0.762m (30") | 12.0m | 7.5m |
| Midget Women | 0.762m (30") | 12.0m | 8.0m |
| Youth Women | 0.762m (30") | 13.0m | 8.5m |
| Jr & Sr Women | 0.840m (33") | 13.0m | 8.5m |
| Bantam Men | 0.762m (30") | 12.0m | 7.5m |
| Midget Men | 0.840m (33") | 13.0m | 8.5m |
| Youth Men | 0.914m (36") | 13.72m | 9.14m |
| Junior Men | 0.991m (39") | 13.72m | 9.14m |
| Senior Men | 1.067m (42") | 13.72m | 9.14m |



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2015 Provincial Age Class Championships/ WCG Trials Tentative Schedule

Friday, June 26, 2015

TRACK

| | |
|---------|--|
| 5:30 pm | Event #1 100m Decathlon Men |
| 5:40 pm | Event #1 100mh Heptathlon Women |
| 5:55 pm | 100m Timed Finals (Midget Men) |
| 6:05 pm | 100m Timed Finals (Midget Women) |
| 6:15 pm | 100m Heats (Youth & older Men, WCG Men) |
| 6:35 pm | 100m Heats (Youth & older Women, WCG Women) |
| 7:00 pm | 80m Timed Final Pee Wee/Bantam Men |
| 7:10 pm | 80m Timed Final Pee Wee/Bantam Women |
| 7:25 pm | 1500m Timed Final (Youth & older, WCG Men) |
| 7:40 pm | 1500m Timed Final (Youth & older, WCG Women) |
| 7:50 pm | 300m Timed Final (Bantam/Midget Men) |
| 8:00 pm | 300m Timed Final (Bantam/Midget Women) |
| 8:15 pm | Event #4 200m Heptathlon Women |
| 8:25 pm | 100m Finals (Youth & older Men) |
| 8:35 pm | 100m Finals (Youth & older Women) |
| 8:40 pm | 100m Finals (WCG Men) |
| 8:45 pm | 100m Finals (WCG Women) |
| 8:50 pm | 1200m Timed Finals (Bantam/Midget Men) |
| 9:00 pm | 1200m Timed Finals (Bantam/Midget Women) |
| 9:15 pm | 400m Timed Finals (Youth & older Men) |
| 9:20 pm | 400m Timed Finals (Youth & Older Women) |
| 9:25 pm | 400m Timed Finals (WCG Men) |
| 9:30 pm | 400m Timed Finals (WCG Women) |
| 9:40 pm | Event #5 400m Decathlon Men |

- 100m Heats for Youth and older will become Timed Finals if entry numbers are under 8
- WCSG athletes will advance to a separate 100m Final

FIELD

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|---------|---|
| 5:30 pm | Shot Put (Pee Wee/Bantam Men & Women) 3 attempts |
| 6:00 pm | Event #2 Long Jump Decathlon Men 3 attempts |
| 6:00 pm | Event #2 High Jump Heptathlon Women |
| 6:00 pm | Pole Vault (M) includes WCG |
| 6:00 pm | Discus (Midget Men & Older) includes WCG |
| 6:30 pm | Shot Put (Midget & Older Women) includes WCG |
| 6:30 pm | Standing Long Jump (Pee Wee/Bantam Men & Women) 3 attempts |
| 7:00 pm | Triple Jump (Midget & Older Men) includes WCG |
| 7:30 pm | Pole Vault (W) includes WCG |
| 7:30 pm | Event #3 Shot Put Decathlon Men 3 attempts |
| 7:30 pm | Event #3 Shot Put Heptathlon Women 3 attempts |
| 8:15 pm | Event #4 High Jump Decathlon Men |
| 8:00 pm | Discus (Midget & older Women) includes WCG |
| 8:30 pm | Triple Jump (Midget & Older Women) includes WCG |
| 8:30 pm | Shot Put (Midget & Older Men) includes WCG |



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2015 Provincial Age Class Championships/ WCG Trials Tentative Schedule

Saturday, June 27, 2015

TRACK

| | |
|----------|--|
| 9:10 am | Event #1 80mh Pentathlon Women (Midget) |
| 9:20 am | Event #1 100mh Pentathlon Men (Midget) |
| 9:30 am | Event #6 110mh Decathlon |
| 9:30 am | 110mh Timed Final (Junior & older Men includes WCG) |
| 9 40 am | 100mh Timed Final (Midget Men) |
| 9:45 am | 100mh Timed Final (Youth & Older Women includes WCG) |
| 9:50 am | 80mh Timed Final (Bantam Men, Bantam, Midget Women) |
| 10:00 am | 3000m Timed Final (Youth & older Men includes WCG) |
| 10:15 am | 3000m Timed Final (Youth & older Women includes WCG) |
| 10:30 am | 200m Timed Final (Midget Men) |
| 10:45 am | 200m Timed Final (Midget Women) |
| 11:00 am | 200m Heats (Youth & older Men includes WCG) |
| 11:15 am | 200m Heats (Youth & older Women includes WCG) |
| 12:00 pm | Event #7 800m Heptathlon Women |
| 12:10 pm | 600m Timed Finals (Pee Wee Men & Women) |
| 12:20 pm | 1500m Steeplechase Midget Men & Women |
| 12:30 pm | 2000m Steeplechase Youth Men & Youth & Junior Women |
| 12:40 pm | 3000m Steeplechase Junior & older Men & Senior Women (includes WCSG) |
| 1:00 pm | 4x100m Relays (M) (W) |
| 1:30 pm | 200mh Timed Final (M) (W) |
| 1:40 pm | 300mh Timed Final (M) (W) |
| 1:50 pm | 400mh Timed Final (M) (includes WCG) |
| 2:00 pm | Event #5 800m Pentathlon Midget Women |
| 2:10 pm | Event #5 1000m Pentathlon Midget Men |
| 2:15 pm | Event # 10 1500m Decathlon |
| 2:25 pm | 150m Timed Final (Pee Wee, Bantam Men) |
| 2:35 pm | 150m Timed Final (Pee Wee, Bantam Women) |
| 2:40pm | 200m Final – WCG Men |
| 2:45pm | 200m Final – WCG Women |
| 2:50 pm | 200m Finals (Youth & older Men) |
| 2:55 pm | 200m Finals (Youth & older Women) |
| 3:05 pm | 800m Timed Final (Bantam, Midget Men) |
| 3:15 pm | 800m Timed Final (Youth & up Men includes WCG) |
| 3:25 pm | 800m Timed Final (Bantam, Midget Women) |
| 3:35 pm | 800m Timed Final (Youth & up Women, includes WCG) |
| 3:45 pm | 2000m Timed Final (Bantam, Midget Men) |
| 4:00 pm | 2000m Timed Final (Bantam, Midget Women) |
| 4:15 pm | 4x400m Relays (M) (W) |

Lunch Break will be inserted once final entry numbers are in.

- 200m Heats for Youth and older will become Timed Finals if entry numbers are under 8
- WCSG athletes will advance to a separate 200m Final



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Tentative Schedule

Saturday, June 27, 2015

FIELD

| | |
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| 9:00 am | Ball Throw (Pee Wee/Bantam Men & Women) 3 attempts |
| 9:30 am | Event #2 High Jump – Midget Women Pentathlon |
| 9:30 am | Event #5 Long Jump Heptathlon Women 3 attempts |
| | Event# 2 Long Jump Pentathlon Men 3 attempts |
| 10:00 am | Event #7 Discus Decathlon Men 3 attempts |
| 10:15 am | High Jump (Pee Wee/Bantam Women) |
| 10:15 am | Long Jump (Pee Wee & Bantam Men) 3 attempts |
| 10:30 am | Event #6 Javelin Heptathlon Women & Midget & Older Women (includes WCG Women) |
| 10:45 am | Event #3 Shot Put Pentathlon Women 3 attempts |
| | Event #3 Shot Put Pentathlon Men 3 attempts |
| 11:00 am | High Jump (Pee Wee & Bantam Men) |
| 11:00 am | Event #8 Pole Vault Decathlon Men |
| 11:15 am | Long Jump (Pee Wee/Bantam Women) 3 attempts |
| 12:00 pm | Event #4 High Jump Pentathlon Men |
| 12:15 pm | Event #4 Long Jump Pentathlon Women 3 attempts |
| 12:15 pm | Long Jump (Midget & Older Women includes WCG Women) |
| 12:30 pm | Event #9 Javelin Decathlon Men 3 attempts & Javelin Midget & Older Men (includes WCG) |
| 1:00 pm | High Jump (Midget & Older Women includes WCG) |
| 1:00 pm | Long Jump (Midget & Older Men includes WCG) |
| 1:30 pm | Hammer (M) (W) includes WCG |
| 2:15 pm | High Jump (Midget & Older Men includes WCG) |